

Maintenance Choice[®]

An Enhanced Way to Fill Long-Term Prescriptions



With Maintenance Choice, you and your covered family members have the choice of obtaining long-term prescriptions (up to a 90-day supply) through the CVS Caremark[®] Mail Service Pharmacy or at any CVS Pharmacy[®] in New Hampshire or nationwide (including Target locations). Either way, it's a convenient way to fill your long-term or maintenance medications while reducing your prescription costs.

CVS Caremark Mail Service Pharmacy



- » Enjoy convenient delivery to the location of your choice.
- » Receive your medicine(s) in private, tamper-resistant and (when needed) temperature-controlled packaging.
- » Talk to a pharmacist by phone, any time of the day or night.

CVS Pharmacy



- » Pick up medicine at a time that is convenient for you.
- » Enjoy same-day prescription availability.
- » Talk with a pharmacist face to face.

To get started, log in to your account on HealthTrust's Secure Enrollee Portal (SEP) at www.healthtrustnh.org and click the CVS Caremark button. You can also launch the CVS Caremark mobile app* from your SEP home page on your smartphone. If you have questions about your prescriptions or benefits, you can contact CVS Caremark Customer Care at **888.726.1631** or HealthTrust Enrollee Services at **800.527.5001**.

Use the CVS Caremark Mobile App* to:



Order Refills – You can refill all your CVS Caremark and CVS Specialty[®] prescriptions in one place.

Manage and Track – View all mail, retail and specialty prescriptions in one easy-to-manage list. You can also track your refill orders for all prescriptions.

View Prescription Costs – See total prescription costs in one view.

*To access the mobile app's content, you may need to register the first time before using.

Available through
HealthTrust

CVS Caremark® Transform Diabetes Care® Program



Available to Enrollees in a HealthTrust medical plan that includes CVS Caremark prescription coverage.

Enhanced Resources, Better Health Outcomes for Individuals with Diabetes

Taking care of yourself and your diabetes is important to your health. The CVS Caremark Transform Diabetes Care program, available through HealthTrust, provides enhanced resources and extra benefits to make managing diabetes easier for eligible covered individuals – all at no cost to you!

By participating in this voluntary, confidential program, you may receive:

- A free blood glucose meter, test strips and lancets.
- Help managing and staying on track with your medications.
- Reminders about important health screenings and tests.
- Guidance on healthy nutrition and lifestyle habits.

For more information about this program, contact CVS Caremark at **888.726.1631**.

800.527.5001 • www.healthtrustnh.org



Living with a complex condition?

Get extra support at no cost to you

We get it. Living with a rare or complex condition can sometimes be challenging. If you need a little help, Accordant Specialty Care lets you talk to a nurse **any time – day or night**. And it's part of your benefit plan, so there's no cost to you.

Accordant Specialty Care is for patients or parents of children with an autoimmune or genetic condition, epilepsy, HIV, or other complex or rare condition (see below for a full list).

Once you sign up, you'll have an Accordant Specialty Care nurse and a resource specialist who can help you:

- Get answers and learn more about your health
- Set goals and stay on track
- Spot risks early, before they affect your health
- Find support in your community
- Make lifestyle changes for better health
- Get the care you need by working with your doctor and health care team

Whether you need a lot of support, or you just have a question now and then, Accordant Specialty Care is tailored to your needs. Along with one-on-one phone support, you'll have digital tools to help you keep track of your health.

If you, or a covered family member, is living with one of the conditions listed below, you may be eligible for Accordant Specialty Care. For more information and to get started, call us at 1-844-905-0855 or visit **Accordant.com**.

Conditions:

- Amyotrophic Lateral Sclerosis (ALS)
- CIDP (Chronic Inflammatory Demyelinating Polyradiculoneuropathy)
- Crohn's Disease
- Cystic Fibrosis
- Dermatomyositis
- Epilepsy (Seizures)
- Gaucher Disease
- Hemophilia
- Hereditary Angioedema
- Human Immunodeficiency Virus (HIV)
- Inclusion Body Myositis (IBM)
- Juvenile Idiopathic Arthritis (JIA)
- Multiple Sclerosis
- Myasthenia Gravis
- Parkinson's Disease
- Polymyositis
- Rheumatoid Arthritis
- Scleroderma
- Sickle Cell Disease
- Systemic Lupus Erythematosus (SLE or Lupus)
- Ulcerative Colitis

Ready to get started? Find out if you're eligible by calling 1-844-905-0855
(TTY users dial 1-800-735-2962, Monday through Friday, 8 a.m. to 9 p.m. ET)